

The Navajo Nation Office of the President and Vice President

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Over three-day period, 16 new cases and no deaths related to COVID-19 reported, 27 communities identified with uncontrolled spread

WINDOW ROCK, Ariz. – On Monday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 16 new COVID-19 cases for the Navajo Nation and no deaths over a three-day period from Sept. 24-26. The total number of deaths remains 1,902. 598,626 COVID-19 tests have been administered. The overall total number of positive COVID-19 cases is now 73,971, including three delayed reported cases.

Based on cases from Sept. 9 - 22, 2022, the Navajo Department of Health issued a Health Advisory Notice for the following 27 communities due to uncontrolled spread of COVID-19:

Bread Springs	Fort Defiance	Mariano Lake	Red Lake	Teecnospos
Chichiltah	Ganado	Nahatadziil	Rock Springs	Teesto
Chinle	Houck	Nazlini	Sheepsprings	Tohatchi
Churchrock	Indian Wells	Oak Springs	Shiprock	Tsaile/Wheatfields
Coyote Canyon	Littlewater	Pinon	St. Michaels	Twin Lakes
Crownpoint	Manuelito			

"The strength and resilience of our elders remain within each of us to this day. The vaccines, our masks, and the guidance of our public health experts are key to lessening the spread and impacts of the virus in our homes and communities. Please be safe and keep praying for our frontline warriors who continue to fight for us each day," said Navajo Nation President Jonathan Nez.

Health care facilities on the Navajo Nation continue to administer COVID-19 vaccines. If you would like to receive one of the COVID-19 vaccines, please contact your health care provider and schedule an appointment.

"If you or someone in your household has symptoms related to COVID-19, you are strongly urged to isolate and get tested as soon as possible. We all have to do our part to push back on the virus. Please be safe and continue to pray for our Nation," said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: http://www.ndoh.navajo-nsn.gov/COVID-19. For COVID-19 related questions and information, call (928) 871-7014.

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THE NAVAJO NATION

THE ANDROOM

JONATHAN NEZ | PRESIDENT MYRON LIZER | VICE PRESIDENT

September 26, 2022

Navajo Department of Health Health Advisory Notice (HAN) COVID-19 Community Advisory No. 97 —Safety Precautions

WINDOW ROCK, AZ – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for the following communities. The cases reflect dates September 9 - 22, 2022. The advisory will be in effect until the risk and cases decline.

The following communities are identified as having uncontrolled spread of COVID-19:

Bread Springs	Fort Defiance	Mariano Lake	Red Lake	Teecnospos
Chichiltah	Ganado	Nahatadziil	Rock Springs	Teesto
Chinle	Houck	Nazlini	Sheepsprings	Tohatchi
Churchrock	Indian Wells	Oak Springs	Shiprock	Tsaile/Wheatfields
Coyote Canyon	Littlewater	Pinon	St. Michaels	Twin Lakes
Crownpoint	Manuelito			

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

People at Increased Risk for Severe Illness	Might be at Increased Risk for Severe Illness		
Older Adults	Asthma		
• Cancer	Cerebrovascular disease		
Chronic kidney disease	Cystic fibrosis		
Chronic obstructive pulmonary disease	Hypertension or high blood pressure		
Heart conditions	Immunocompromised state		
Immunocompromised state	Neurologic conditions, such as dementia		
 Obesity and severe obesity 	Liver disease		
• Pregnancy	Overweight		
Sickle cell disease	Pulmonary fibrosis		
• Smoking	Thalassemia		
• Type 2 diabetes mellitus	Type 1 diabetes mellitus		

All residents should practice health and safety measures:

- Get vaccinated.
- Wear a mask in the public.
- Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect frequently touched surfaces daily.
- Avoid touching your face, nose, and eyes with unwashed hands.
- Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.

- Social distance keep 6 feet between yourself and others.
- Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: http://www.ndoh.navajo-nsn.gov/COVID-19 . For COVID-19 related questions and information, call (928) 871-7014.